

**ZANSHIN DOJO LIABILITY WAIVER AND INDEMNIFICATION**

Learning, practicing and participating in martial arts is an inherently dangerous activity. More so than many other types of exercise and physical activity, the very nature of martial arts is such that there is ALWAYS the possibility that a participant will injure himself or herself or be injured by another. Injuries in a contact sport such as karate and jiu-jitsu may range from minor to major. And although it would be a rare case, death is also possible.

Please carefully read and initial each of the following that apply and then sign below:

     I am over the age of eighteen (18) and I understand that martial arts are an inherently dangerous activity in which there is always the possibility that I may be seriously injured.

     I am the legal guardian of \_\_\_\_\_, who is a minor child ("Child"). While I understand that martial arts are an inherently dangerous activity in which there is always the possibility that my child may be seriously injured, I hereby give permission for my Child to participate in martial arts. I also agree to ensure that my Child fully understands all of the requirements of this document and the Zanshin Dojo Rules and Regulations.

     I have received and carefully reviewed a copy of the Zanshin Dojo Rules and Regulations and promise to fully comply with all such rules and regulations as well as any other rules or regulations that Zanshin Dojo, Eric Silver, or any instructor of Zanshin Dojo may impose from time to time.

     entirely assume the risk of all injuries that I (or, if applicable, My Child) may sustain in connection with learning, practicing, and participating in martial arts.

     I waive all claims of liability and causes of action that I (or, if applicable, my Child) presently may have or that may accrue to me (or, if applicable, my Child) in the future against Zanshin Dojo, Eric Silver, or any instructor or employee of Zanshin Dojo.

     I agree to indemnify Zanshin Dojo Eric Silver, and all instructors and employees of Zanshin Dojo, Inc for any damages or losses, including attorney's fees, that any or all of them may incur as a result of any action taken by me (or, if applicable, my Child).

     I agree to hold harmless Zanshin Dojo, Eric Silver, and all instructors or employees of Zanshin Dojo for any damages or losses, including attorney's fees, that any or all of them may incur as a result of any injury suffered by me (or, if applicable, my Child).

     I have carefully read this Liability Waiver and Indemnification and all of my questions about it, if any, have been fully answered and satisfied:

\_\_\_\_\_  
Print Participant's Name

\_\_\_\_\_  
Participant's Date of Birth

\_\_\_\_\_  
Telephone Number

\_\_\_\_\_  
Address

\_\_\_\_\_  
Date

\_\_\_\_\_  
Participant Signature (or, for a minor, Guardian's Signature)